## MONDAY



TUESDAY

| Welcome Back Breakfast! |
| :---: |
| Cold Cereal |
| Graham Cracker |
| Fruit |
| Lunch |
| Beef Nachos |
| Cheese Sauce |
| Black Beans |
| Fruit |

WEDNESDAY


## THURSDAY

Lunch Includes your CHOICE of Fruit or Vegetable (or both)


Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly


| BreakfastStrawberry Stuffed BagelFruitLunchPasta w/ Meat Sauce (B) <br> Vegetable <br> Fruit |  <br> Breakfast <br> Sausage Breakfast Sandwich (p) <br> Fruit <br> Lunch <br> Pork Tacos <br> Pinto Beans <br> Fruit | ```None \\ Breakfast \\ Fried Rice w/ Ham \& Egg (P) Fruit Lunch BBQ Pork Rib Sandwich Daily Vegetable Fruit ``` |  $\mathbf{2 5}$ <br> Breakfast  <br> Apple Frudel  <br> Fruit  <br> Lunch  <br> Chili w/ Hot Dog (b)  <br> Rice  <br> Daily Vegetable  <br> Fruit  | Breakfast $\mathbf{2 6}$ <br> Cheese Omelet  <br> w/ Rice  <br> Assorted Fruit  <br> Lunch  <br> Cheesy Breasticks  <br> w/ Marinara  <br> Vegetable  <br> Fruit  |
| :---: | :---: | :---: | :---: | :---: |
| Milk is OPTIONAL at Lunch time Only (required at breakfast) |  |  |  |  |
|  |  30 <br> Breakfast  <br> Breakfast Pizza $(\mathrm{p})$  <br> Fruit  <br> Lunch  <br> Beef Nachos  <br> Cheese Sauce  <br> Black Beans  <br> Fruit  | Breakfast Sausage Patty (p) Rice Fruit Lunch Breaded Chicken Sandwich Vegetable Fruit |  |  |

