

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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8

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger
Daily Vegetable
Assorted Fruit

9

Breakfast
Bacon (p) & Egg
W/ Rice
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

10

Breakfast
French Toast Sticks
Fruit

Lunch
Salisbury Steak (b)
W/ Rice
Daily Vegetable
Fruit

11

Breakfast
Cereal Bar
Fruit & Juice

Lunch
Bistek w/ Rice (b)
Daily Vegetable
Fruit

12

Breakfast
Cheese Omelet
Rice
Fruit

Lunch
Breaded Fish Sandwich
Fruit & Vegetable

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly



16

Breakfast
Breakfast on a Stick (t)
Fruit

Lunch
Beef Nachos w/
Cheese Sauce
Black Beans
Daily Fruit

17

Breakfast
Breakfast Pizza (t)
Fruit & Juice

Lunch
Orange Chicken
Rice
Caesar Salad
Fruit

18

Breakfast
Mini Pancakes
Fruit

Lunch
Eggless Loco Moco (b)
Rice
Daily Vegetable
Fruit

19

Breakfast
Cold Cereal
Fruit & Juice

Lunch
Pepperoni Pizza (p)
Daily Vegetable
Fruit

Meat types are clarified with a (p) for pork, (t) for turkey, (c) for chicken and (b) for beef

22

Breakfast
Strawberry Stuffed Bagel
Fruit

Lunch
Pasta w/ Meat Sauce (b)
Vegetable
Fruit

23

Breakfast
Sausage Breakfast Sandwich (p)
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Fruit

24

Breakfast
Fried Rice w/ Ham & Egg (p)
Fruit

Lunch
BBQ Pork Rib Sandwich
Daily Vegetable
Fruit

25

Breakfast
Apple Frudel
Fruit & Juice

Lunch
Chili w/ Hot Dog (b)
Rice
Daily Vegetable
Fruit

26

Breakfast
Cheese Omelet
Rice

Lunch
Cheesy Breadsticks
Marinara
Vegetable & Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

29

Breakfast
Cereal Bar
Fruit

Lunch
Swedish Meatballs (b)
Rice
Vegetable Fruit

30

Breakfast
Breakfast Pizza (p)
Fruit & Juice

Lunch
Beef Nachos
Cheese Sauce
Black Beans
Fruit

31

Breakfast
Sausage Patty (p)
Rice
Fruit

Lunch
Breaded Chicken Sandwich
Vegetable
Fruit



Menus are subject to change due to product availability

This institution is an equal opportunity provider.