



Guam Elementary Menu

MAR

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast:
Trix Yogurt
Scooby Snacks
Pineapple

Lunch:
Corn Dog
Daily Vegetable
Assorted Fruit

2

Breakfast:
Sausage Patty w/ Rice
Pears and Juice

Lunch:
Pork Carnitas with Rice
Daily Vegetable
Assorted Fruit

3

Breakfast:
Assorted Muffin
Fruit Mix

Lunch:
Cheese Pizza
Daily Vegetable
Assorted Fruit

Breakfast and Lunch include a choice of NonFat Assorted milk or 1% White Milk



7

Breakfast:
Biscuit Sandwich with Bacon and Egg
Diced Peaches
Juice

Lunch:
Pork Taco with Cheese
Black Beans
Assorted Fruit

8

Breakfast:
Assorted Bagels with Cream Cheese
Pineapple Tidbits

Lunch:
Chicken Tender Bowl
Mashed potatoes and Gravy
Vegetable of the Day
Assorted Fruit

9

Breakfast:
Assorted Frudel
Diced Pears
Juice

Lunch:
Tinaktak with Rice
Daily Vegetable
Assorted Fruit

10

Breakfast:
French Toast Sticks with syrup
Fruit Mix

Lunch:
Breaded Fish Sandwich
Daily Vegetable
Assorted Fruit

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

13

Breakfast:
Cereal Bar
Graham Cracker
Mandarin Oranges

Lunch:
Chili Dog
Smile Fries
Assorted Fruit

14

Breakfast:
Sausage Patty with Rice
Peaches
Juice

Lunch:
Beef Taco with Cheese
Black Beans
Assorted Fruit

15

Breakfast:
Bacon Breakfast Pizza
Pineapple Tidbits

Lunch:
Sloppy Joe
Daily Vegetable
Assorted Fruit

16

Breakfast:
Mini Pancakes
Diced Pears
Juice

Lunch:
Hawaiian Burger
Daily Vegetable
Assorted Fruit

17

Breakfast:
Assorted Trix yogurt
Scooby Snacks
Fruit Mix

Lunch:
Macaroni and Cheese
Vegetable of the Day
Assorted Fruit

Our weekly vegetable servings include a variety from different subgroups

20

Breakfast:
Stuffed Bagel
Mandarin Oranges

Lunch:
Spaghetti with Meat Sauce
Daily Vegetable
Assorted Fruit

21

Breakfast:
Biscuit with Chicken Patty
Diced Peaches
Juice

Lunch:
Pork Nachos with Cheese Sauce
Black Beans
Assorted Fruit

22

Breakfast:
Fried Rice w/ Ham & Eggs
Pineapple Tidbits

Lunch:
Breaded Chicken Sandwich
Daily Vegetable
Assorted Fruit

23

Breakfast:
Breakfast on a Stick
Pears
Juice

Lunch:
Chili Dog
Daily Vegetable
Assorted Fruit

24

Breakfast:
Cheese Omelet w/ Rice
Fruit Mix

Lunch:
Cheesy Breadsticks with Marinara
Daily Vegetables
Assorted Fruit

March is Guam History and Chamorro Heritage Month

27

Breakfast:
Assorted Cereal Bars
Mandarin Oranges

Lunch:
Chicken Nuggets and Rice
Vegetable of the Day
Assorted Fruit

28

Breakfast:
Sausage Breakfast Pizza
Peaches
Juice

Lunch:
Beef Nachos with Cheese Sauce
Black Beans
Assorted Fruit

29

Breakfast:
Trix Yogurt
Scooby Snacks
Pineapple

Lunch:
Corn Dog
Daily Vegetable
Assorted Fruit

30

Breakfast:
Sausage Patty w/ Rice
Pears
Juice

Lunch:
Pork Carnitas w/ Rice
Daily Vegetable
Assorted Fruit

31

Breakfast:
Assorted Muffins
Fruit Mix

Lunch:
Cheese Pizza
Vegetable of the Day
Assorted Fruit

Menus are subject to change due to product availability

This institution is an equal opportunity provider.